

WHO WE ARE



New Generations Adult Day Center, Inc. is a family-owned and managed adult day care health facility. Opening in 1998, New Generations has earned an outstanding reputation as one of

the most respected facilities in the state. The owners made a commitment from its inception to offer only the highest quality of care. New Generations maintains a lower than required ratio of participants to staff. Additionally, to that end the principals in this business have worked with the state (SCADSA) and the national (NADSA) associations to promote and elevate the standards of adult day health care. They work closely with both SCDHHS and other regulatory agencies to determine and shape the future of the industry. Gail Belissary, the principal owner, has a bachelor of science degree in nursing and 35 years of nursing experience - 20 of those years have been spent in the area of home and community-based services. Her son John Belissary is the immediate past president of the SCADSA and now serves on its board of directors. Daughter Karen Belissary is Director of Marketing and, as such, handles the marketing and public relations for the business.

GARY'S GANG

About 2-3 years ago the center admitted one, following shortly by a couple more, special needs youth. The owners were especially sensitive to



the needs of special needs individuals because they had a son/brother who had autism. They began to explore various approaches to help. They recognized that the conventional programming was not always attuned to the needs or interests of our growing population of special needs individuals. So they created a completely separate department and named it the "Clubhouse". In memory of their loved one, the owners, with agreement of the parents of these special needs individuals, dubbed the group "Gary's Gang". Today, the "Gang" boasts of 20 members and it's steadily growing! It is the only such program in the Pee Dee area of South Carolina.

HOW CAN I RECEIVE SERVICES



Stop by and visit our facility. A member of our experienced management team will be happy to show you around the center.

Then they will sit down with you to describe what New Generations can offer, to discuss payment options and to spell out what steps need to be taken. If you can't get to the center easily, just call the center and we'll send you a brochure and a copy of our latest monthly newsletter.

Whether you call or stop by to see our facility (which we strongly urge), our staff will provide you with a checklist which you should use in assisting you to select the appropriate adult day health care.

We'll be glad to provide you, upon request, with two or three references who are families of current or past participants to get their impressions of New Generations Adult Day Center, Inc.'s program.

NEW GENERATIONS
ADULT DAY CENTER, INC.

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NEW GENERATIONS
ADULT DAY CENTER, INC.

*Next to Home, it's the
Best Place to Be*



www.newgenerationshc.com

Mission Statement: To improve the quality of life and maintain a maximal level of independence for each client and family we serve.

WHAT ARE THE BENEFITS



*Is Mom getting more and more withdrawn?
Is Dad having difficulty coping with the loneliness since the loss of his spouse?
Do they claim they're just not worthwhile anymore?*

Adult day health care is a planned program of activities for individuals 18 years or older who require supportive care during the day but can return home in the evenings. The purposes of the social and health-related activities are:

- to provide mental and social stimulation
- to enhance self-esteem
- to prevent, or at least delay, the caregiver having to resort to nursing home placement
- to give the primary caregiver a needed break to rest or work without worry

New Generations Adult Day Center, Inc. (NGADC) opens Monday through Friday at 7:30 a.m. and closes at 5:30 p.m. It closes for six (6) major holidays - New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

- Designed to be as much like home as possible, the environment is happy, bright, secure and supportive.
- A well-balanced, nutritious midday meal, planned by a registered dietician and consisting of 1/3 of the USDA daily requirements, is served; therapeutic diets are accommodated.
- A morning and afternoon snack are served
- Both a registered and licensed practical nurse are available during the hours of operation so medical problems can be monitored and appropriate intervention can be initiated when needed.
- Transportation can be arranged.

OUR SERVICES

Medical Services

- Medication assessment and management in collaboration with participant's physician
- Ongoing health assessment and care of medical and mental health conditions
- Management of diabetes and chronic illnesses
- Incontinence and catheter care
- Wound care
- Care of any ostomy
- Breathing treatments
- Proper nutrition
- Personal care
- Physical, occupational and speech therapy can be arranged.

Social Services

- Ongoing support for participants and their families
- Assistance in determining eligibility for various services and benefits

Gary's Gang

- Separate programming for special needs participants
- Fun play
- Lessons on ADLs
- Participation in Special Olympics
- Field trips

Activities Program

- Supervision, prompting and cueing in activities when needed
- Lots of crafts
- Daily devotions and exercises
- Outside presenters - both educational and entertaining
- Field trips
- Socialization opportunities
- Therapeutic and cognitively stimulating activities, such as games, charades, quizzes, group discussions
- Dementia-specific activities as needed
- Separate programming for Gary's Gang



Typical Components of an Adult Day Center

- General health and nutrition teaching
- A well-balanced, nutritious meal and two snacks daily
- Social and recreational activities
- Supervision and education regarding medication
- Coordination of care with each participant's physician
- Education and support of caregivers
- Transportation can be arranged

Additionally, New Generations has a support group with a highly qualified facilitator which meets regularly. There's a screened porch with two ceiling fans at the side; there's a large fenced backyard with elevated planters for gardening.

Area high school students come regularly with their school's service learning program and enjoy playing games, reading and talking with the participants. Two staff members can use sign language. Our staff has had specialized training in dementia.

We have a shower "just in case" and a washer/dryer so no one needs to take soiled clothing home.

